

National Fitness Center Signature April 2019 KIDS IN MOTION

Gym			Turf Room			KIM Room			Climbing Wall		
*Indicates that children from KIM Stars group may be invited to participate in KIM Pro classes.											
3 to 4 Years			*5 to 7 Years						8 to 12 Years		
Time	Class	Teacher	Time	Class	Teacher	Time	Class	Teacher	Time	Class	Teacher
MONDAY											
9:30-10:00	M&M	Alla									
10:00-10:30	Circle Time	Alla									
5:30-6:00	Cheer/Tumble	Laura	5:30-6:00	Anml Yoga	Haley	5:30-6:00	Anml Yoga	Haley			
6:00-6:30	Anml Yoga	Haley	6:00-6:30	Cheer/Tumble	Laura	6:00-6:30	Cheer/Tumble	Laura			
			5:30-7:00	Rockwall	Diana	5:30-7:00	Rock Wall	Diana			
TUESDAY											
9:00-9:30	Ballet	Gabriela									
5:30-6:00	Gaga Ball	Courtney S.	5:30-6:00	Basic Karate	Paul	5:30-6:00	Basic Karate	Paul			
			6:00-6:30	Gaga Ball	Courtney S.	6:30-7:00	Gaga Ball	Courtney S.			
			6:00-7:00	Adv. Karate	Paul	6:00-7:00	Adv. Karate	Paul			
WEDNESDAY											
9:30-10:00	WOW	Trey									
10:00-10:30	Recess	Trey									
5:30-6:00	Ballet	Gabriela	5:30-6:00	Sport Skills	Lindsey	5:30-6:00	Sport Skills	Lindsey			
6:00-6:30	Sports Skills	Lindsey	5:30-7:00	Rock Wall	Diana	5:30-7:00	Rock Wall	Diana			
			6:00-6:30	Ballet	Gabriela	6:00-6:30	Ballet	Gabriela			
THURSDAY											
9:30-10:00	Tumble	Kelsye									
10:00-10:30	M & M	Kelsye									
5:30-6:00	Have A Ball	Courtney S.	5:30-6:00	Basic Karate	Paul	5:30-6:00	Basic Karate	Paul			
			6:00-7:00	Adv. Karate	Paul	6:00-6:30	Basketball	Courtney S.			
			6:30-7:00	Basketball	Courtney S.	6:00-7:00	Adv. Karate	Paul			
FRIDAY											
9:30-10:00	WOW	Trey									
SATURDAY											
9:30-10:00	Recess	Haley	9:30-11:00	Rock Wall	Diana	9:30-11:00	Rock Wall	Diana			
			10:00-10:30	Fit Kids	Haley	10:00-10:30	Fit Kids	Haley			
Childcare Hours: M-TH 8-12 & 3-9 Fri 8-12 & 3-8 Sat 8-12 Sun 3-6											

